

**Wellness Points Form
WVUH, UHA, and WVU @HSC Employees**

Wellness Points benefit the employees listed above and are used as dollars (on a one-to-one ratio). The employee pays the first \$3 of a program (unless otherwise noted); Wellness Points then cover the difference. Annually, employees have the opportunity to gain additional Wellness Points by completing this form. Wellness Points may accumulate up to a maximum of 100 and are prorated throughout the year. Unless otherwise noted, Wellness Points are nontransferable to other individuals. Complete this form and return via campus mail to: **The Wellness Program, PO Box 9146** or fax to: **293-3725**. For more information regarding the use of Wellness Points, please call the Wellness Office at 293-2520. E-Mail: wellnessprogram@hsc.wvu.edu

Employer: WVUH WVU@HSC UHA

Do you use any tobacco products? YES NO

*If Yes, would you like information on being tobacco free? YES NO

Do you wear your seat belt (helmet if riding a motorcycle) at all times? YES NO

Each healthy answer = 25 wellness points (50 points possible). Each point is equal to \$1.

First Name _____ Last Name _____

DOB ___/___/___ Last 4 digits of Social Security Number: _____

Department _____ P.O. Box _____

Work Phone ___-___-___ Ext. ___-___-___ Gender: M F

E-Mail: _____*Optional

Signature: _____

Phone: 304.293.2520
Fax: 304.293.3725
PO Box 9146
Morgantown, WV 26506-9146