



CONGRATULATIONS!

We strive to commend outstanding Wellness Champions!

Due to your success with The Wellness Program, we would like to invite you to be recognized on **The Wellness Wall of Fame!**

In sharing your success story, *you* could motivate and inspire others to lead healthier lives! Maybe you developed a simple strategy that worked for you or a dispelled a myth about fitness by participating in one of our programs.

Or maybe it was simply in seeing the results that you realized how enjoyable and beneficial living a healthy life could be. Won't you share your success with others?

Please complete the attached form and return to:

The Wellness Office
PO Box 9146
Morgantown, WV 26506

Sincerely,



The Wellness Program

WEST VIRGINIA UNIVERSITY HOSPITALS
WVU HEALTH SCIENCES
UNIVERSITY HEALTH ASSOCIATES

The Wellness Program Staff



The Wellness Wall of Fame

Name:

Phone (work):

Program /
Class:

Year:

Success!

Please share
your secret to
success! Did
something or
someone
inspire you?
What keeps
you
motivated?
How has your
life changed
because of
your
success?

Motivational
Quote:



The Wellness Program

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