



2010 Respecting Choices[®] POLST Paradigm Program Advance Care Planning Facilitator Course

October 12, 2010
Tamarack Conference Center
Beckley, WV

October 19, 2010
United Hospital Center
Clarksburg, WV

The Physician Order for Life-Sustaining Treatment (POLST) Paradigm system is gaining widespread national attention as a best practice for ensuring that end-of-life treatment preferences are honored. The POLST Paradigm Program (which includes **West Virginia's Physician Orders for Scope of Treatment [POST] program**) provides a method for converting a person's treatment preferences into medical orders that are recognized throughout the health care continuum (home care, long-term care, hospital, hospice, and during transport.)

At the completion of this course, participants should be able to:

- assist patients and families with difficult end-of-life decisions
- understand approaches for helping individuals to establish medical and non-medical goals of care
- utilize strategies for building consensus among family members and the health care team
- relate information on end-of-life care treatment options, benefits and burdens

Course Faculty

Kathie Campbell, LSW – Hospice of the Panhandle
Deborah Cotes, DO – Charleston Area Medical Center
Ed Horvat, MA, BCC – Monongalia General Hospital
June Kuykendall, RN, BSN, CHPN – Grant Co. Nursing Home

Julie Mitchell, RN, MSN, CHPN – United Hospital Center
Alvin H. Moss, MD – WV Center for End-of-Life Care
Diane Nally, MSN, RN – Reynolds Memorial Hospital
Rosalie Owrey, MS – Princeton Community Hospital

A detailed schedule is attached.

This course is appropriate for all physicians, nurses, and social workers, who assist patients and family members with difficult end-of-life care decisions.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the WVU School of Medicine Office of Continuing Medical Education and the WV Center for End-of-Life Care. The WVU Office of CME is accredited by the ACCME to provide continuing medical education for physicians.

The WVU Office of CME designates this educational activity for a maximum of *11.25 AMA PRA Category 1 credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 13.5 contact hours. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule § 19CSR11-4 under provider number WV1996-0120RN.

This course is sponsored by the Center for Health Ethics and Law, Provider Number 490095, which is a Certified Provider of continuing education credits for social workers. This program has been awarded up to 11.25 hours of continuing education credit.

Disclosure: It is the policy of the WVU School of Medicine Office of Continuing Medical Education to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All faculty/authors/planners participating in our programs are expected to disclose any relevant relationships they may have with commercial companies. All those in a position to control content have indicated that they have no significant interests to disclose.

Registration fee for this course is \$50. Each location is limited to 30 persons. Interested persons should contact Cindy Jamison at 877-209-8086 or cjamison@hsc.wvu.edu for registration information.

Sponsored by:
WVU Health Sciences Center Office of Continuing Medical Education
WV Center for End-of-Life Care

**2010 Respecting Choices[®] POLST Paradigm Program
Advance Care Planning Facilitator Course
Application Questionnaire**

Name:	
Organization:	
Address:	
City, State, Zip:	
Phone:	
FAX:	
Email:	

1. Please give your past experience in conducting advance care planning sessions with patients and families and using the POST form.

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2. Please tell us how you will use your training at your home facility/agency?

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***Respecting Choices*® POLST Paradigm Program Advance Care Planning (ACP) Facilitator Course**

- Learn the skills of facilitating POST advance care planning discussions
- Design effective systems to implement the POST program in your community

The Physician Order for Life-Sustaining Treatment (POLST) system, originating in the state of Oregon (www.polst.org), is gaining widespread national popularity as best practice for ensuring that end-of-life treatment preferences are honored. The POLST Paradigm Program provides a method for converting a person's treatment preferences into medical orders that are recognized throughout the health care continuum (home care, long-term care, during transport). States and communities are replicating the POLST Paradigm Program under different names, e.g., Physician Orders for Scope of Treatment (POST) in West Virginia or Medical Orders for Life-Sustaining Treatment (MOLST) in New York.

The successful implementation of a POLST Paradigm Program, however, is not foolproof. Implementation must be complemented by professionals who have developed the necessary communication skills to assist individuals in making difficult and challenging end-of-life decisions.

Online Learning

Our *Online Facilitator Curriculum* for POLST participants is a pre-requisite for the instructor-led POLST Paradigm Program ACP Facilitator Course. It is web-based and consists of a total of four learning modules. The content in these modules is intended to prepare participants for a more robust classroom experience. Professionals new to the field of end-of-life decision making will learn key concepts and skills while more experienced professionals will find these modules to be an excellent review.

The content in this series includes skills at initiating conversations, engaging people in the ACP process, clarifying information, exploring individual goals and values, selecting a health care agent, and making referrals. Participants will receive a copy of *Respecting Choices Advance Care Planning Facilitators Manual* as a resource for additional learning.

Module 1 – Advance Care Planning and Advance Directives: Understanding the Language, Concepts, and Tools

Module 2 - Facilitating Basic Advance Care Planning Discussions

Module 3 - Facilitating Advance Care Planning Discussions (adults with chronic, progressive illness)

Module 4 - Facilitating Advance Care Planning Discussions (adults who are expected to die in the next 12 months, or those living in long term care facilities)

Onsite Learning (Classroom Curriculum)

Pre-requisite: *Respecting Choices*® Online Facilitator Program

This one-day program is the final step in achieving certification as a POLST ACP Facilitator. Content includes key facilitation skills to initiate ACP discussions, approaches for helping individuals to establish medical and non-medical goals of care, information on end-of-life treatment options, benefits, burdens, and strategies for building decision-making consensus among family members and the healthcare team.

In addition, this course includes content that is individualized as necessary for state laws and local guidelines on creating an effective POLST document and designing systems to ensure effective implementation. The target audience is professionals (social workers, nurses, clergy) working with frail elders, or those whose death in the next 12 months would not surprise us. This course builds on the successful components of the ACP Facilitator course offered by *Respecting Choices* faculty for over a decade. Participants that complete the onsite learning will receive a RC POLST Facilitator certificate.