



5th Annual Certification Program

March 20th – 21st, 2009

Country Inn & Suites Hotel and Conference Center

Beckley, West Virginia



WHAT IS AGES?

Advanced Geriatrics Educator Skills (AGES) program, is the nation's first certification course promoting excellence in the clinical practice and teaching of geriatrics. AGES has been created for clinicians who care for the elderly and participate in the education of health care professionals. The current practice of evidence-based geriatric medicine is presented in a comprehensive modular format as a readily accessible educational resource for geriatrics educators.

Target Audience: Physicians, Physician Assistants, Advanced Practice Nurses, and Pharmacists who are actively caring for elderly patients, and who are interested in or actively precepting and teaching health professions students, co-workers or staff.

Comments by past attendees:

- "better than a board-review course"
- "one of the best CMEs I have ever attended"
- "loved the interactive workshops and interdisciplinary format"
- "I learned geriatric medicine and how to teach it"

The overall goal of AGES is to promote excellence in the practice and teaching of geriatrics by primary care clinicians and pharmacists in communities, medical schools, and residency programs.

LEARNING OBJECTIVES

Conference Objectives

At the completion of this program, the participant will be able to:

- Identify evidence-based knowledge and skills for advanced geriatric clinical practice;
- Explain the major geriatric syndromes including dementia, depression, urinary incontinence, osteoporosis, and delirium, and discuss methods used to manage these problems.
- Identify psychosocial and ethical issues as they relate to the care of geriatric patients and formulate an approach to these problems.
- Effectively teach the basic principles of geriatrics to health professions students and practitioners.
- Demonstrate competency in primary care geriatric medicine practice and education in both a cognitive and objective structured clinical examination.

Online Module Learning Objectives

At the completion of this program, the participant will be able to:

- Identify evidence based knowledge and skills for advanced geriatric clinical practice.
- Describe syndromes that may affect older adults including alcoholism and substance abuse; dizziness and falls, and depression
- Recall knowledge gain by use of pre and post test questions embedded into the online modules.
- Demonstrate skills in time management and organization by completing modules in prescribed timeframe.

**Online Assessment Modules through Secure Online Environment (SOLE)
West Virginia University, Health Sciences Center**

Online Module Title	Instructor	Module Time
Depression	James P. Griffith, MD	Online 30 minutes
Alcohol and Substance Abuse in Older Adults	Sara Jane Gainor, MBA	Online 30 minutes
Home Care in Geriatrics	Todd Goldberg, MD	Online 30 minutes
Preoperative Assessment and Perioperative Care of the Geriatric Patient	Konrad Nau, MD	Online 30 minutes
Falls and Dizziness in the Elderly	Mitch Jacques MD, PhD Lauren Cianciaruso, DO	Online 30 minutes
Urinary Incontinence	John J. Whyte, MD	Online 1 hour
Evidence Based Knowledge on Osteoporosis	Rosemarie Canarella Lorenzetti, MD	Online 30 minutes
Pain in the Elderly and at the End of Life	Vincent W. DeLaGarza, MD	Online 30 minutes

Thursday, March 19

Evening

7:00 – 8:00 PM Pre-Registration • Check-in

Friday, March 20

Morning

7:00 – 8:00 AM Registration • Continental Breakfast • Exhibits

8:00 – 8:15 **Welcome and Introductions**
Konrad Nau, MD, FAAFP

8:15 – 8:45 **Cardinal Manifestations of Disease in the Elderly**
Shirley Neitch, MD, FACP

8:45 – 9:15 **Clinical Aging Jeopardy**
Mark Newbrough, MD

9:15 – 9:45 **Delirium in the Geriatric Patient**
Konrad Nau, MD, FAAFP

9:45 – 10:00 Break

10:00 – 10:30 **Oral Health in the Elderly**
Richard Meckstroth, DDS

10:30 – 11:00 **Providing Effective Feedback**
Mark Newbrough, MD

11:00 – 11:30 **Dementia in the Geriatric Patient**
Gary Knepp, DO

11:30 – 12:00 **Nursing Home Care of the Elderly**
Vincent DeLaGarza, MD

12:00 – 1:15 PM Lunch (on your own)

Afternoon

1:15 – 1:45 PM **Sexual Function in the Elderly Patient**
Rosemarie Cannarella Lorenzetti, MD, MPH

1:45 – 2:15 **Cancer Prevention in the Elderly**
Mark A. Newbrough, MD

2:15 – 3:00 **Assessment of Older Drivers**
Shirley Neitch, MD, FACP

3:00 – 3:15 Break

COURSE OUTLINE

Afternoon

3:15 – 4:15 **(Participants may choose ONE SESSION per time period)**

- **Microskills: One Minute Percepting**
Konrad Nau, MD, FAAFP
Rosemarie Cannarella Lorenzetti, MD, MPH
- **Polypharmacy/ Cases Workshop**
Jonathan Kline, PharmD

4:15 – 5:15 **Participants may choose ONE SESSION per time period)**

- **Microskills: One Minute Percepting**
Konrad Nau, MD, FAAFP
Rosemarie Cannarella Lorenzetti, MD, MPH
- **Polypharmacy/ Cases Workshop**
Jonathan Kline, PharmD

5:15 – 6:30 **Dinner (on your own)**

Evening

6:30 – 8:30 PM **Hands on Dementia Experience (H.O.D.E.)
Healing in the Hills (WVPBS documentary)**

Saturday, March 21

Morning

7:30 – 8:20 **Continental Breakfast • Exhibits**

8:20 – 8:30 Announcements
Konrad Nau, MD, FAAFP

Saturday, March 21

Morning

8:30 – 9:30 (Participants may choose ONE SESSION per time period)

- **Critical Communications in Geriatrics**
Konrad Nau, MD, FAAFP
- **Prescribers and Pharmacists Working Together**
David Elliott, PharmD, FCCP
- **Pressure Ulcers and Geriatric Skin Care**
Allen Fischler, MD
Carolyn Wagner, NP

9:30 – 10:30 (Participants may choose ONE SESSION per time period)

- **Critical Communications in Geriatrics**
Konrad Nau, MD, FAAFP
- **Prescribers and Pharmacists Working Together**
David Elliott, PharmD, FCCP
- **Pressure Ulcers and Geriatric Skin Care**
Allen Fischler, MD
Carolyn Wagner, NP

10:30 – 11:00 **Break and Check Out**

11:00 – 12:00 **Written Test • OSCE Exam**

12:00 – 1:00 **Lunch (provided) & Group Photo**

1:00 – 3:30 **Written Test • OSCE Exam**

3:30 **Adjourn**

Vincent W. DeLaGarza, MD

Associate Professor, West Virginia University School of Medicine
Department of Family Medicine and Section of Geriatrics

David P. Elliott, PharmD, CGP, FASCP, FCCP, AGSF

Professor, West Virginia University School of Pharmacy
Department of Clinical Pharmacy – Charleston Division
Associate Chair, West Virginia University School of Pharmacy

Alan Fischler, DO, MPH

Palliative Care/Geriatrics/Long-term Care Physician
VA Medical Center, Martinsburg, WV

Sara Jane Gainor, MBA

Program Director, National Cancer Institute
Adjunct Faculty, WVU Department of Community Medicine

Todd Goldberg, MD, CMD, FACP

Associate Professor – WVU Charleston Division, Dept. of Internal Medicine
Director, CAMC/WVU Charleston Division Geriatric Medicine Fellowship Program

James P. Griffith, MD

Associate Professor, Department of Medicine, West Virginia University
Charleston Division

Charles Halsey Mitcher Jacques, MD, PhD

Dean and Associate Vice President for Health Sciences,
West Virginia University – Eastern Division

Jonathan Kline, PharmD

Assistant Professor, West Virginia University School of Pharmacy

Gary L. Knepp, DO, FACOPF

Professor Geriatric Medicine, West Virginia School of Osteopathic Medicine
Director Graduate Medical Education, Greenbrier Valley Medical Center

Rosemarie Cannarella Lorenzetti, MD, MPH

Assistant Dean, Student Services, West Virginia University – Eastern Division
Professor, West Virginia University School of Medicine Department of Family Medicine – Eastern Division

Richard L. Meckstroth, DDS

Professor and Chair, Department of Dental Practice and Rural Health
West Virginia University School of Dentistry

Konrad C. Nau, MD, FAAFP

Professor and Chair, West Virginia University School of Medicine
Department of Family Medicine – Eastern Division
Geriatric Medicine Fellowship Director

Shirley M. Neitch, MD, FACP

Professor, Marshall University/Joan C. Edwards School of Medicine
Department of Internal Medicine
Director, Hanshaw Geriatric Center

Mark A. Newbrough, MD

Director/Principle Investigator, West Virginia Geriatric Education Center
Assistant Professor, West Virginia University School of Medicine
Department of Internal Medicine – Charleston Division

Carolyn Wagner, NP

Adult / Gerontological Nurse Practitioner
VA Medical Center

Physicians



This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the CAMC Health Education and Research Institute and the West Virginia Geriatric Education Center. CAMC Health Education and Research Institute is accredited by the ACCME to provide continuing medical education for physicians. CAMC Health Education and Research Institute designate this CME activity for 19.0 hour(s) in Category 1 credit of the Physician's Recognition Award of the American Medical Association. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses



The CAMC Health and Education Research Institute is accredited as a provider of continuing education in nursing by the West Virginia Nursing Association. WVNA is accredited by the American Nurses Credentialing Center's Commission on Accreditation. This offering is approved for 19.0 contact hours (P015-11-09871) WVBP: 01A.

Osteopathic Physicians



An application has been filed for 20 AOA category 2-A CME credits pending approval by the AOA CCME.

Pharmacists



CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been approved for 19 contact hours under program approval 554-999-09-028-CO4-P. Statements of credit will be awarded for participants who attend the program on March 19 and 20th, 2009, sign attendance sheets both days and complete an evaluation form. Statements of credit will be mailed within eight weeks of the program date. Partial credit for individual sessions will NOT be given.

DISCLOSURE INFORMATION

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II credit and ACPE credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer (s) of any commercial product (s) that may be discussed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee member's disclosure information will be available onsite and disclosed from the podium.

West Virginia Geriatric Education Center:

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Dates: Thursday Evening: March 19th (Pre-registration & Check-in)
Friday –Saturday, March 20th – 21st, 2009

Location: Country Inn & Suites / Conference Center
2120 Harper Road
Beckley, WV 25801

Accommodations

A limited number of rooms have been reserved at the Country Inn & Suites at the rate of \$85 per night plus tax. In order to receive the conference rate, reservations need to be made by February 25, 2009. Reservations may be made by calling the Country Inn & Suites (304) 252-5100 or toll free at 888-201-1746 and asking for the WV Geriatric Education Center room block.

Course Fees

Early Bird Registration Fee \$350 Return registration form by Feb. 25, 2009.

Regular Registration Fee \$400 Return registration form by March 9, 2009.

In order to receive AGES certification, participants are required to pass both a written and objective structured clinical exam (OSCE). Participants will receive a text two weeks before the program containing material that will be presented and represented on the exam. It is the participant's responsibility to study this material before the AGES certification program. Participants, who register after March 9, may not receive their text materials two weeks before the certification program; therefore, we strongly encourage participants to register by February 25, 2009.

Cancellation Policy

A processing fee of \$75 will be charged for all cancellations. In order to receive a refund, less the processing fee, written cancellation must be received no later than March 16, 2009. In case of cancellation, all written materials must be returned.

Contact Information

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Charleston Division; 3110 MacCorkle Avenue SE, Charleston, WV 25304
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REGISTRATION FORM



Register online @ www.Camcinstitute.org or by mailin

Please print clearly.

Name: _____ Date: _____

Credentials: _____ Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Payment enclosed:

Check _____ VISA _____ MC _____

Name on card: _____

Account Number: _____

Amount _____

Expiration Date: _____ 3-Digit Number on Back of Card: _____

Cardholder's Signature: _____

Please make checks payable to CAMC Health Education and Research Institute or enter credit card information and return with registration form to:

**Community Liaisons
P.O. Box 1547
Charleston, WV 25326-1547**

Phone: 304-345-9051

Fax: 304-388-1160

Email: community.liasons@camc.org

Registration Fee Includes:

Text and presentation materials; continuing education fees; certificate of completion; continental breakfast; morning and afternoon breaks.



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