

Black Bean & Corn Salsa

Nutrition Facts Serving Size: 0.5 cup (80.4677g), Servings Per Container: 1, Amount Per Serving: **Calories** 90, Calories from Fat 5, **Total Fat** 0.5g (1% DV), Saturated Fat 0g (0% DV), *Trans* Fat, **Cholesterol** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carbohydrate** 19g (6% DV), Dietary Fiber 4g (16% DV), Sugars 3g, **Protein** 5g, Vitamin A (6% DV), Vitamin C (25% DV), Calcium (2% DV), Iron (6% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Sweet Corn, Frozen Kernels; Black Beans, Dry; Red Tomato; Green Bell or Sweet Pepper; Cilantro

