French Toast $.90 (info is without syrup & butter)

**Nutrition Facts**  Serving Size: 1 slice (181.55g), Servings Per Container: 1, Amount Per Serving: **Calories** 300, Calories from Fat 120, **Total Fat** 14g (22% DV), Saturated Fat 4.5g (23% DV), **Trans Fat** 0.5g, **Cholesterol** 280mg (93% DV), **Sodium** 370mg (15% DV), **Total Carbohydrate** 31g (10% DV), Dietary Fiber 2g (8% DV), Sugars 10g, **Protein** 14g, Vitamin A (20% DV), Vitamin C (0% DV), Calcium (10% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients**: Whole Eggs with Citric Acid Frozen Egg Product Glenview Farms; Nonfat, Skim or Fat Free Milk; Texas Toast Nickles; Ground Nutmeg; Margarine; White Granulated Sugar; Vanilla Extract; Ground Cinnamon