Fresh Steamed Vegetable Blend .95

Nutrition Facts  Serving Size: 0.66 cup (119.05g), Servings Per Container: 1, Amount
Per Serving: Calories 30, Calories from Fat 0, Total Fat 0g (0% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 25mg (1% DV), Total Carbohydrate 6g (2% DV), Dietary Fiber 3g (12% DV), Sugars 3g, Protein 2g, Vitamin A (40% DV), Vitamin C (60% DV), Calcium (4% DV), Iron (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Squash, Summer, Crookneck; Squash, Summer, Crookneck; Broccoli; Cauliflower, Chopped; Mushrooms, Boiled, Drained; Carrots; Squash, Summer, Zucchini