Idaho Potato-Pepper Frittata $1.30

Nutrition Facts  Serving Size: 1 item (149.1152g), Servings Per Container: 1, Amount Per Serving: Calories 100, Calories from Fat 20, Total Fat 2g (3% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 130mg (5% DV), Total Carbohydrate 12g (4% DV), Dietary Fiber 2g (8% DV), Sugars 2g, Protein 9g, Vitamin A (8% DV), Vitamin C (25% DV), Calcium (4% DV), Iron (8% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Egg Substitute, Liquid, Diced Potatoes HSC; Red Tomato, Diced; Onions, Chopped; Green Bell or Sweet Pepper