Jerusalem Chicken Chowder

**Nutrition Facts** Serving Size: 12 fluid ounces (672.72g), Servings Per Container: 1, Amount Per Serving: Calories 110, Calories from Fat 15, Total Fat 1.5g (2% DV), Saturated Fat 0g (0% DV), Trans Fat, Cholesterol 10mg (3% DV), Sodium 180mg (8% DV), Total Carbohydrate 18g (6% DV), Dietary Fiber 2g (8% DV), Sugars 2g, Protein 5g, Vitamin A (40% DV), Vitamin C (10% DV), Calcium (8% DV), Iron (5% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:** Water, Tap; Carrots, Frozen; Celery, Diced; Tyson Boneless Skinless Chicken Breast (no sodium injection); Rice, Brown, Long Grain, Dry; Spinach, Chopped, Boiled, Drained; Minio's Chicken Base Low Sodium; Parsley, Chopped; Garlic Clove; Thyme, Ground; Pepper, White, Ground