Lentil Salsa

Nutrition Facts  Serving Size: 0.33 cup (115.2051g), Servings Per Container: 1
Amount Per Serving: Calories: 70, Calories from Fat: 0, Total Fat: 0g (0% DV), Saturated Fat: 0g (0% DV), Trans Fat: 0g, Cholesterol: 0mg (0% DV), Sodium: 10mg (0% DV), Total Carbohydrate: 12g (4% DV), Dietary Fiber: 5g (20% DV), Sugars: 2g, Protein: 5g, Vitamin A (20% DV), Vitamin C (20% DV), Calcium (2% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Red Tomato, Lentils, Boiled; Cilantro; Scallions, Green or Spring Onions, Lime Juice, Garlic Clove; Ground Oregano