Spinach $.95

**Nutrition Facts** Serving Size: 0.5 cup (95g), Servings Per Container: 1, Amount Per Serving: Calories 30, Calories from Fat 0, Total Fat 0g (0% DV), Saturated Fat 0g (0% DV), Trans Fat 0g (0% DV), Cholesterol 0mg (0% DV), Sodium 90mg (4% DV), Total Carbohydrate 5g (2% DV), Dietary Fiber 4g (16% DV), Sugars 0g, Protein 4g, Vitamin A (230% DV), Vitamin C (4% DV), Calcium (15% DV), Iron (16% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:** Spinach, Leaf, Frozen, Boiled, Drained