

Thai Chicken with Brown Rice & Vegetables \$3.60

Nutrition Facts Serving Size: 1 serving (328.6g), Servings Per Container: 1, Amount Per Serving: **Calories** 480, Calories from Fat 140, **Total Fat** 16g (25% DV), Saturated Fat 3g (15% DV), *Trans Fat*, **Cholesterol** 65mg (22% DV), **Sodium** 80mg (3% DV), **Total Carbohydrate** 53g (18% DV), Dietary Fiber 5g (20% DV), Sugars 16g, **Protein** 30g, Vitamin A (120% DV), Vitamin C (25% DV), Calcium (8% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Tyson Boneless Skinless Chicken Breast (no sodium injection); Peas, Snow or Sugar, Frozen; Carrots, Frozen; Water, Tap, Drinking; Rice, Brown, Medium Grain, Dry; Sugar, Brown; Oil, Sesame; Eggplant; Mushrooms, White, Raw; Garlic Clove; Cornstarch; Cumin, Ground; Curry Powder; Ginger Root

