Managing the Leadership Dilemma: So Much to Do, So Little Time

SESSION OBJECTIVES
Following this knowledge-based program, participants should be able to:
- Convey in discussion the distinction between managing your energy versus managing your time.
- Name and discuss practical strategies for managing time in a strategic way.
- Analyze your available time and discuss how to accomplish more in that time frame.
- Discuss time as a resource which is scarce.
- Differentiate between urgent and important, including what constitutes a “crisis.”
- Name and implement some mindfulness strategies to prevent being overwhelmed.

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Tuesday, April 21, 2015
12:00 Noon to 1:00 PM
John E. Jones Conference Center 1 and 2

DISCLOSURE/ACCREDITATION INFORMATION

Disclosure Policy/Statement
All those in a position to control content have indicated that they have no relevant interests to disclose.

Accreditation
CE Pending.

West Virginia University School of Pharmacy (WVUSoP) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program, ACPE# 0072-9999-15-022-L04-P is approved for 1.0 hours (0.1 ceu’s) of continuing pharmacy education credit. WVUSoP will report your participation in the program to NABP CPE Monitor within 4-6 weeks for all participants who successfully complete each session. Successful completion includes attending the entire session, signing the attendance sheet, and completing an online evaluation form. After completing the evaluation form, print your statements of CPE credit located in your personal account on our database at https://pharmacyce.wvu.edu/user/login.

Registration Information
ALL WVU FACULTY are invited to contact Trisha at the Faculty Development office at 293-1979 or phussing@hsc.wvu.edu to register.

LUNCH WILL BE PROVIDED ONLY TO THOSE FACULTY WHO HAVE PRE-REGISTERED by NOON ON WEDNESDAY, APRIL 15, 2015.

Series Objective
To demonstrate awareness and knowledge and recognize the importance of communications of various types in health care settings.

There are no fees associated with this presentation.