

West Virginia Sleep Society

Join your colleagues in
Nitro, West Virginia

for a day of exceptional education with outstanding speakers, opportunities to network with your peers and a fun time at the



Application has been made to The American Association of Sleep Technologists for CECs. These credits have historically been accepted by the WVBORC as continuing education for respiratory therapists.

13th Annual Sleep Retreat

Sleep at Mardi Gras

April 29, 2017

Target Audience includes physicians, psychologists, technologists, therapists, nurses, dentists and other health care professionals working in the field of sleep medicine or sleep research.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the WVU School of Medicine and the West Virginia Sleep Society.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

WVSS Sleep Retreat Goals & Objectives

After the conclusion of the program, the attendees should be able to:

- Discuss current best practice based on evidence based medicine and current research in various sleep medicine topics.
- Be able to implement these best practice recommendations in clinical settings.
- Improve patient outcomes based on changes in clinical practice.

Meeting Program

Saturday, April 29

8:00-9:00 AASM Accreditation Standards Updated

Speaker: Melissa Clark, MSSA, LISW-s, SAP

9:00-10:00 Circadian Rhythm Disorders

Speaker: Imran Khawaja, MD, DABSM

10:00-10:30 Break

10:30-11:30 OSA Decision Making--The Surgeon's Approach

Speaker: Steven Coutras, MD, FACA

11:30-12:30 Lunch

12:30-1:30 Later School Start Times

Speaker: Stacy Simena, Communications Director Start School Later, Inc.

1:30-2:30 Asthma and OSA

Speaker: Robert Stansbury, MD

2:30-3:30 Parasomnias

Speaker: Paul Knowles, MD, DABSM

3:30-5:30 Keeping You and Your Patients Safe in the Sleep Lab

Speaker: John Matlick, West Virginia University Security Department

5:30 Adjourn

Disclosure

All those in a position to control content of this program have indicated that they have no relevant interests to disclose.

**WEST VIRGINIA SLEEP
SOCIETY BUSINESS
MEETING: Everyone welcome!
Please attend—we will discuss
the 2018 meeting site**

Handouts will be available on the website one week prior to the meeting.

Faculty

Melissa Clark is the current Director of Accreditation for the American Academy of Sleep Medicine and works with the Accreditation Committee to carry out board-approved standards for all forms of accreditation, identify issues with accreditation standards and recommend courses of action to the AASM Board of Directors.

Imran Khawaja, MD, FACP, FCCP, Diplomate American Board of Sleep Medicine is a Professor and Section Chief for Pulmonary, Critical Care and Sleep Medicine at Joan C Edwards School of Medicine at Marshall University and the Medical Director for the Cabell Huntington Sleep Lab in Huntington, West Virginia.

Stephen Coutras, MD is Board Certified by the American Board of Otolaryngology and the American Board of Sleep Medicine and is currently Assistant Professor of Otolaryngology and Head & Neck Surgery at West Virginia University.

Stacy Simena is the Communications Director for Start School Later, Inc. and is a Licensed Medical Social worker who serves as Chair of the Sleep Committee for the Ohio Adolescent Health Partnership and on the Executive Committee of the national non-profit Start School Later.

Robert Stansbury, MD is Assistant Professor in Pulmonary and Critical Care at West Virginia University with board certification in Internal Medicine, Critical Care Medicine, Sleep Medicine, and Pulmonary Disease.

Paul Knowles, MD, DABSM is a board-certified and fellowship trained pediatric neurologist with more than 30 years experience and is currently an assistant professor with the Marshall University Health Neuroscience and on staff at the Hoops Family Children's Hospital at Cabell Huntington Hospital specializing in pediatric neurology and sleep medicine.

John Matlick served 14 years in law enforcement and 20 years in private security and received special training at Texas State University in the ALERRT Program (Advanced Law Enforcement Rapid Response Training). He is currently a Supervisor in the Security Department at WVU Hospital in Morgantown, WV.

Mardi Gras Casino & Resort

A small block of rooms will be available at the group rate for a limited time only. Make your reservations early to get the group rate and for the best selection of room type. Group rate is \$139 per night.

NOTE: The room rate includes your breakfast buffet in the hotel lobby.

Please make reservations early to assure the room type/price you prefer

**The room block will be released on April 14, 2017 so make your reservations early.
To make your reservations call: (888) 789-7829**

DRIVING DIRECTIONS

From I-64 take exit 47 (47A eastbound) and follow Lakeview Drive to Greyhound Drive.

FOR GPS USERS

1 Greyhound Drive
Nitro, WV 25313

Phone: (304) 776-1000 or
(800) 224-9683



There is a lot to do at the Mardi Gras Resort !

Pool and hot tub at the hotel.

Table games, slots, greyhound racing at the casino.

Each guest at the hotel gets \$10 free slot play, a \$2 greyhound race bet voucher and triple points for slot play!

(with free membership in The Player's Club)!

Visit the Mardi Gras Casino & Resort website for more information: mardigrascasinowv.com

Breakfast is included with your overnight stay and will be available in the hotel lobby.

Registration includes lunch in the meeting area.

Registration

Register now for the best rate. On-line registration with payment is available on the **NEW AND IMPROVED** website at www.sleepsocietywv.org

Your registration fee includes **complimentary** membership in the West Virginia Sleep Society.

To register by mail, check the appropriate category below and complete the registration form on the following page.

Mail to:

West Virginia Sleep Society
c/o Martha DiGiovine

West Virginia University Hospitals, P.O. Box 8022
Morgantown, WV 26506

You can also fax the registration form to: 304-598-4255

Free on Friday night? Watch for an announcement of another educational opportunity.

EARLY BIRD (received by midnight April 15)

- One day registration: \$100
- Charge for physician CME: \$100

STANDARD (received after April 15)

- One day registration: \$125
- Charge for physician CME: \$100

