




DIABETES in West Virginia


**In West Virginia,
the burden of diabetes
is highest among**

SENIORS




22.8% of adults aged 65 and older reported having diabetes in 2008¹. Since 1995, the prevalence of diabetes has more than doubled in this age group.

LOWER INCOME LEVELS




Adults with lower levels of income are more likely to have diabetes¹. Approximately 1 in 4 of those with an annual household income of less than \$15,000 have been diagnosed with diabetes.

VETERANS



Veterans have a significantly higher prevalence of diabetes than non-veterans. In 2008, the prevalence of diabetes among veterans was 16.4% as compared to 11.2% among non-veterans.

AFRICAN AMERICANS



African Americans have an increased mortality rate as a result of diabetes². The crude diabetes mortality rate among this population has been significantly higher than among Whites almost every year since 2000.



Diabetes Facts

Approximately 12% of West Virginia adults have been diagnosed with diabetes by a health care professional. In West Virginia, an estimated 256,500 had diabetes in 2008, 85,500 of those were undiagnosed.

Many West Virginians with diabetes experience complications that result in decreased quality of life and increased mortality.

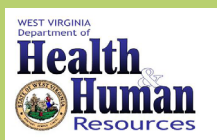
- Over half of West Virginia adults with diabetes are disabled or rate their health status as fair or poor¹.
- Since 1995, diabetes continues to rank as the top sixth or seventh leading cause of death in West Virginia.

Complications are often avoidable through secondary preventive measures.

- In 2008, 71.3% had two or more A1C tests, 67.2% had an annual eye exam, 71.2% had at least one foot exam by a health professional, 65.7% had a flu shot¹.

Addressing Diabetes

The West Virginia Diabetes Prevention and Control Program (WV DPCP) and our network of partners from Marshall University, West Virginia University, WVU-Extension, CAMC, West Virginia School of Osteopathic Medicine, and West Virginia Medical Institute are dedicated to the goals of preventing diabetes and reducing the burden of diabetes among the citizens of our state. If you would like to learn more about how our diabetes programs are addressing these populations, contact WV DPCP at (304) 558-1702 or visit our website at www.wvdiabetes.org.



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The content is the responsibility of the authors and does not necessarily represent the official views of the CDC. Updated 08/09.

¹Behavioral Risk Factor Surveillance System (2008). ²WV Vital Statistics, WV Health Statistics Center.