



CAPTAIN LAMBERT B. CABALES
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ADVANCED EDUCATION OPPORTUNITIES AS AN ARMY NURSE

The Generic Course Selection Program offers **junior officers** -- including all who enter Army nursing through **ROTC**, the opportunity to receive specialized training in several fields. This training is available within their first 3-4 years of Active Duty service.

The courses available for attendance through the Generic Course Selection program are:

- **Obstetrical/Gynecological Nursing**
 - Prepares nurses to care for patients in all aspects of the childbearing spectrum—pregnancy counseling, pregnancy, labor and delivery, and postpartum care. This course lasts 16 weeks and is offered at Tripler Army Medical Center (TAMC) in Hawaii.
- **Critical Care Nursing**
 - Trains nurses in anatomy, physiology, pharmacology, physics, CPR, inhalation therapy, diagnostics, psychological and sociological problems, and ethical and legal considerations in the care of critically ill patients. This 16-week course is can be taken at Walter Reed Army Medical Center (WRAMC) in Washington, D.C., Madigan Army Medical Center (MAMC) in Tacoma, Washington, or Brooke Army Medical Center (BAMC) in San Antonio, TX.
- **Perioperative Nursing**
 - Prepares nurses for all phases of operating room nursing, including advanced skills related to specialty areas in surgery and the principles and techniques of supervising and managing an operating room. This course is 16 weeks and can be attended at WRAMC, MAMC, or BAMC.
- **Psychiatric-Mental Health Nursing**
 - Prepares nurses to provide specialized care to emotionally distressed individuals both as inpatients and outpatients, and to provide consultation within the general hospital community. This course is 16 weeks long and is offered at WRAMC.

Other Specialty Courses available, but not through the Generic Course Selection Program are:

- **Emergency Nursing**
 - Prepares nurses to function in any clinical setting that meets the environmental nursing standard for emergency nursing. The focus is on the fundamentals of emergency nursing such as respiratory and cardiac disease, hematology/oncology, trauma management, hepatic disorders, and infections diseases. This 16-week course is offered at BAMC.
- **Preventive Medicine (Community Health Nursing)**

- Provides nurses with the skills and knowledge to function in preventative medicine specialty area at an entry level. Course content includes the following: community health practices, communicable and infectious diseases, operational preventive medicine, epidemiology, statistics, medical entomology, industrial hygiene, health physics, sanitary engineering, and environmental science. A three day field training exercise occurs at the end of the course. This is a 9 week course offered at the Army Medical Department Center and School at Ft. Sam Houston in San Antonio, TX.

The second major educational opportunity is **Long Term Health Education and Training** (LTHET). This program allows Captains and above an opportunity to obtain their Master's degree in a multitude of specialty areas and locations. Officers apply for and are accepted to attend graduate programs following both clinical and administrative avenues. As full-time students working towards their Master's degree through LTHET, officers remain on Active Duty with full pay and benefits. Nurses may pursue degrees in the following disciplines:

- Nurse Anesthesia
- Nurse Midwifery
- Health Care Administration
- Family Nurse Practitioner
- Master of Science in Nursing in a number of approved areas including:
 - Adult Clinical Nurse Specialist
 - Critical Care Clinical Nurse Specialist
 - Nursing Informatics
 - Nursing Education

For more information, please contact:

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