Applesauce Raisin Muffin $.70

**Nutrition Facts**  
Serving Size: 1 item (78.45g), Servings Per Container: 1, Amount Per Serving: Calories 180, Calories from Fat 10, Total Fat 1g (2% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 95mg (4% DV), Total Carbohydrate 39g (13% DV), Dietary Fiber 3g (12% DV), Sugars 17g, Protein 4g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (4% DV), Iron (8% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:** Applesauce, Unsweetened, Canned; All Purpose Wheat Flour; Whole Wheat Flour; Raisins, Seedless; Egg Substitute, Liquid; White Granulated Sugar; Brown Sugar; Skim Milk; Oats, Dry; Brown Sugar; Baking Powder with Sodium Aluminum Sulfate; Flaxseed Meal; Ground Cinnamon; Ground Cinnamon; Ground Nutmeg; Ground Cloves