Banana Orange Bran Muffin with Pecans $0.70

**Nutrition Facts**
Serving Size: 1 item (135.47g), Servings Per Container: 1, Amount Per Serving: Calories 140, Calories from Fat 20, **Total Fat** 2.5g (4% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium** 170mg (7% DV), **Total Carbohydrate** 29g (10% DV), Dietary Fiber 3g (12% DV), Sugars 15g, **Protein** 3g, Vitamin A (15% DV), Vitamin C (70% DV), Calcium (20% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:** Mixed Fresh Fruit Cup; Banana; Orange Juice; Whole Wheat Flour; Raisins; Seedless; Applesauce, Unsweetened, Canned; GENERAL MILLS TOTAL Whole Grain Cereal; Egg Substitute, Liquid; Pecans; Baking Powder with Sodium Aluminum Sulfate; Baking Soda