

| Date | WVU HSC Postdoctoral Events | Speaker(s) |
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| 2018 | | |
| January 29 Room 1905 10:00am- 12:30pm | Conflict Resolution Workshop | Thomas Patrick, JD and Joanna DiStefano |
| February 27 Room G0100 noon | Career Development Plan and IDPs National Postdoctoral Association Core Competencies Self-Assessment | Linda Vona-Davis, Ph.D. |
| March 13 Room G0100 noon | Non-Tenure Track Positions in Academia | Panel Discussion: Guest Research Professors |
| April 10 Room G0100 noon | Teaching at a University | Panel Discussion: Guest Teaching Professors |
| May 22 Room G0100 noon | Non-Academic Biomedical Careers | Panel Discussion: Guest visitors from academia, government, industry |
| June 5 Room G0100 noon | The Tenure Process | Al Berrebi, Ph.D. |
| July | Postdoctoral Chalk Talks | Postdoctoral Researchers Practice Chalk Talks |
| August | Postdoctoral Social Event at the Ballpark rsvp event | |
| September | Special session with Dr. Laura Gibson | Laura Gibson, PhD Senior Associate Vice President for Research & Graduate Education; Associate Dean for Research, School of Medicine |
| September 17-22 Noon-1:00 | National Postdoc Appreciation Week | Poster viewing and networking event |
| October 3:30-5 | Speed Mentoring rsvp event | Guest chairs and mentoring specialists from HSC |
| November | Postdoctoral Chalk Talks | Postdoctoral Researchers Practice Chalk Talks |
| December | No Meeting | |

Use of IDPs and Career Development for Postdoctoral Researchers

Career development for biomedical postdoctoral researchers at West Virginia University Health Sciences Center is supported at the level of the School of Medicine through the Office of Research and Graduate Education, through sponsored activities at the level of the department and in the individual lab through mentorship and individual development planning. Our office recommends and encourages the use of Individual Development Plan (IDP) as a mentoring tool for postdoctoral trainees to guide their development and benchmark advancement. Postdoctoral fellows use the myIDP science-specific online tool.

Trainees meet with their individual mentors throughout their training time to receive evaluation and feedback. The WVU Health Sciences Center Office of Research and Graduate Education provides travel awards (bi-annually) for postdoctoral fellows to present their work at professional meetings. Throughout the training year, fellows participate in seminars, courses in Scientific Integrity, panel discussions, workshops and networking activities designed to advance their research, training, or career exploration. Individual departments that support the laboratory of the PI provide ample opportunities for postdoctoral trainees to engage in specific training and professional development in the area of expertise.