Quinoa Vegetarian Stuffed Pepper $3.00

Nutrition Facts  Serving Size: 1 serving (416.4g), Servings Per Container: 1, Amount Per Serving: Calories 200, Calories from Fat 30, Total Fat 3g (5% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 210mg (9% DV), Total Carbohydrate 13g (4% DV), Dietary Fiber 5g (20% DV), Sugars 10g, Protein 9g, Vitamin A (110% DV), Vitamin C (120% DV), Calcium (10% DV), Iron (30% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Water, Tap; Pepper, Bell or Sweet, Green; Tomatoes Juice, without Salt Added; Quinoa; Marinara Sauce Bell'Orto; Carrots; Celery, Diced; Onions, Chopped; Leaves, Spinach, Trimmed; Squash, Summer, Zucchini; Mushrooms, White, Raw; Garlic Clove; MRS. DASH Seasoning, Italian Medley; Garlic Clove; Onion Powder; Garlic Powder; Parsley, Dried; Sauce, Tabasco Pepper; Black Pepper; MCCORMICK Thyme, Dried Ground; Basil, Fresh; Black Pepper