

Date	WVU HSC Postdoctoral Events	Speaker(s)
2019		
January 28 201 BMRC 9:00AM	National Postdoc Association Q&A with the Executive Director of the National Postdoctoral Association	Julie Fabsik-Swarts, M.S., CFRE, CAP NPA Executive Director <i>Ex officio</i>
February 12 Room G01 noon	“Understanding the Individual Development Plan and National Postdoctoral Association Core Competency Self-Assessment”	Linda Vona-Davis, PhD Postdoctoral Association Director
March 12 Room G01 noon	“Introduction to Project and Resource Management”	Bryan Martin and Lisa Hunt PMP Assistant Director and PMP Project Manager, WVU Office of Research Program Management
April 9 Room G01 noon	“Communicating and Managing in All Directions”	Bryan Martin and Lisa Hunt PMP Assistant Director and PMP Project Manager, WVU Office of Research Program Management
May 7 Room G01 noon	“Know Your Kangaroo-the NIH K99/R00 award”	Joan Lakoski, PhD Director, Proposal Development, WVCTSI
June 11 Room G01 noon		
July		
August		
September		
	National Postdoc Appreciation Week	Poster viewing and networking event
October		
November		
December		

Use of IDPs and Career Development for Postdoctoral Researchers

Career development for biomedical postdoctoral researchers at West Virginia University Health Sciences Center is supported at the level of the School of Medicine through the Office of Research and Graduate Education, through sponsored activities at the level of the department and in the individual lab through mentorship and individual development planning. Our office recommends and encourages the use of Individual Development Plan (IDP) as a mentoring tool for postdoctoral trainees to guide their development and benchmark advancement. Postdoctoral fellows use the myIDP science-specific online tool.

Trainees meet with their individual mentors throughout their training time to receive evaluation and feedback. The WVU Health Sciences Center Office of Research and Graduate Education provides travel awards (bi-annually) for postdoctoral fellows to present their work at professional meetings. Throughout the training year, fellows participate in seminars, courses in Scientific Integrity, panel discussions, workshops and networking activities designed to advance their research, training, or career exploration. Individual departments that support the laboratory of the PI provide ample opportunities for postdoctoral trainees to engage in specific training and professional development in the area of expertise.