CARRS COMMUNITY MENTORS AND PROJECTS

(Updated October 2020)
This table is organized alphabetically by county. Several counties have been added since the last update.

| PROJECT TITLE | COMMUNITY MENTOR(S) | PROJECT DESCRIPTION | PROJECT REQUIREMENTS |
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| | | BOONE COUNTY | |
| Health Sciences Technology Academy (HSTA) | Cathy Morton, HSTA/HCOP Director | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years, students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in BOONE County. | The student must work with the community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities and events on the approved calendar. The student must complete any follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | Choose one ECHO topic to make a case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |

| | CALHOUN COUNTY | | | | | | |
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| Health Sciences Technology Academy (HSTA) | Merge McMillion, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in CALHOUN County. | 3) | follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. | | | |
| Moving Onward and Upward (MOU) – Available each school year from October through April | Amanda White, Northern Area Rural Education Center Executive Director | MOU is a program for high school students in Calhoun County who are interested in finding out more about careers in the health field and the needed schooling and training. The participants meet weekly, work on a community project together, spend a day on campus at WVU HSC and shadow up to 15 different departments and programs at Minnie Hamilton Health System. CARRS students will participate in MOU activities that are available during their rotation in CALHOUN County. | 2) | , | | | |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide | 2) 3) | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. | | | |

| | | excellent specialty care to patients in their own communities. DODDRIDGE COUNTY | | to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |
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| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 1) 2) 3) | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. |
| | | FAYETTE COUNTY | | |
| Health Sciences Technology Academy (HSTA) | Merge McMillion, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in FAYETTE County. | | community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. |
| WV Project ECHO | Jay Mason , MPA, Assistant Director | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce | 1) | |

| | Mithra Mohtasham, MPA, Coordinator | health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 3) | Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |
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| | | LINCOLN COUNTY | | |
| Health Sciences Technology Academy (HSTA) | Merge McMillion, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in LINCOLN County. | 2) 3) 4) | follow-up after each event, as assigned by the community mentor. |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 2) 3) | case presentation, with the guidance of community mentor(s). |

| | | | | activity will be virtual when available. | | | | |
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| | LOGAN COUNTY | | | | | | | |
| Health Sciences Technology Academy (HSTA) | Summer Kuhn, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in LOGAN County. | 3) | The student must work with the community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities and events on the approved calendar. The student must complete any follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. | | | | |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 2) | Choose one ECHO topic to make a case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. | | | | |
| WV Project ECHO | Jay Mason, MPA, | 1) | Choose one ECHO topic to make a | | | | | |
| WY Troject ECHO | Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led | | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and | | | | |

| | | by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 3) | community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |
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| | MCL | OWELL/WYOMING COU | N'. | ΓΥ |
| Health Sciences Technology Academy (HSTA) | Summer Kuhn, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in WYOMING or MCDOWELL County. | 1)2)3)4) | actively participate in ALL activities and events on the approved calendar. |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 1) 2) 3) | Choose one ECHO topic to make a case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |

| | MERCER COUNTY | | | | | | |
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| Health Sciences Technology Academy (HSTA) WV Project ECHO | Summer Kuhn, HSTA Community Research Associate Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in MERCER County. Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 1) 2) 3) 4) 1) 2) | community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities and events on the approved calendar. The student must complete any follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. Choose one ECHO topic to make a case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. | | | |
| | | MINGO COUNTY | | | | | |
| Health Sciences Technology Academy (HSTA) | Summer Kuhn, HSTA Community Research Associate | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), | 2) | The student must work with the community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities | | | |

| WV Project ECHO | Jay Mason, MPA, | community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in MINGO County. Project ECHO is a lifelong learning and guided | 3) 4) 1) | follow-up after each event, as assigned by the community mentor. |
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| W V I Toject BOHO | Assistant Director Mithra Mohtasham, MPA, Coordinator | practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 2) | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |
| | | POCAHONTAS COUNTY | | |
| WV Project ECHO | Jay Mason, MPA, Assistant Director Mithra Mohtasham, MPA, Coordinator | Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 3) | Choose one ECHO topic to make a case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |

| ROANE COUNTY | | | | | | |
|--|---|---|----|--|--|--|
| Health Sciences Technology Academy (HSTA) WV Project ECHO | Merge McMillion, HSTA Community Research Associate Jay Mason, MPA, | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in ROANE County. | 3) | The student must work with the community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities and events on the approved calendar. The student must complete any follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. Choose one ECHO topic to make a | | |
| WV Hoject Echo | Assistant Director Mithra Mohtasham, MPA, Coordinator | practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities. | 2) | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case, and attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. Due to COVID-19 restrictions this activity will be virtual when available. | | |
| WV Project ECHO | Jay Mason, MPA, | SUMMERS COUNTY Project ECHO is a lifelong learning and guided | 1) | <u> </u> | | |
| | Assistant Director Mithra Mohtasham, MPA, Coordinator | practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led | 2) | case presentation, with the guidance of community mentor(s). Attend both sessions of the topic in which they will present a case and | | |

| | | by expert teams who use multipoint video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to their own patients. | 3) | attend one other session in a different ECHO topic. If time permits, work with community mentors to implement a community education piece related to their ECHO case presentation. Due to COVID-19 restrictions this activity will be virtual when available. |
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| | | WEBSTER COUNTY | | |
| Health Sciences Technology Academy (HSTA) | Cathy Morton, HSTA/HCOP Director | The Health Sciences Technology Academy (HSTA) is a high school club for students who are interested in health professions careers. Throughout their high school years students participate in many different activities to help them decide what health career they want to pursue. The students participate in a wide variety of activities including regular club meetings (featuring various speakers and activities), community health fairs, research projects for the statewide science symposium and health and science camps. CARRS students will have the opportunity to participate in the activities that are available during their rotation in WEBSTER County. | 3) | The student must work with the community mentor to develop a calendar of activities and events that s/he will attend and participate in during the CARRS rotation. The student must attend and actively participate in ALL activities and events on the approved calendar. The student must complete any follow-up after each event, as assigned by the community mentor. All HSTA activities are virtual due to COVID-19 restrictions. |
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