



# 33rd Annual WVNEC Symposium

## The Latest in Ethics Consultation and Advance Care Planning: National Perspectives

May 5, 2021  
Virtual Symposium  
8:00 a.m. - Noon

The Kind of Medical Treatment I Want and Don't Want If I Have a Terminal Condition



The Person I Want to Make Health Care Decisions For Me When I Can't Make Them for Myself

West Virginia POST HIPAA PERMITS DISCLOSURE OF POST ORDERS TO HEALTH CARE PROVIDERS AS NECESSARY FOR TREATMENT SEND FORM WITH PATIENT WHENEVER TRANSFERRED OR DISCHARGED

**West Virginia POST Form**  
Adapted from the National POLST form and in compliance with WV Code §16-30-1 et seq.

Health care providers should complete this form only after a conversation with the patient or the patient's Medical Power of Attorney (MPOA), representative or surrogate. The POST decision-making process is for patients who are at risk for a life-threatening clinical event because they have a serious, life-limiting condition and no longer desire aggressive treatment.

All decisions are **always voluntary**.

Middle Initial: \_\_\_\_\_  
Suffix (jr, sr, etc): \_\_\_\_\_  
DOB (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_  
Gender (circle one): M  F   
Zip code: \_\_\_\_\_

Patient has no pulse and is not breathing.  
 **NO CPR: Do Not Attempt Resuscitation.** (May choose any option in Section B)

**YES CPR: Attempt Resuscitation, including mechanical ventilation, defibrillation and cardioversion.** (Requires choosing Full Treatments in Section B)

**B. Initial Treatment Orders. Follow these orders if patient has a pulse and is breathing.**  
Reasons and discuss interventions with patient or MPOA representative/surrogate regularly to ensure treatments are meeting patient's goals. Consider a time-limited trial of interventions based on goals.

**Full Treatments (required if choose CPR in Section A).** Goal: Attempt to sustain life by all medically effective means, if appropriate medical and surgical treatments as indicated to attempt to prolong life, including intensive care.

**Selective Treatments.** Goal: Attempt to restore function while avoiding intensive care and resuscitation efforts (ventilator, antibiotics). May use non-invasive positive airway pressure, antibiotics and IV fluids as indicated. Avoid intensive care. Treatments needed cannot be met in current location.

**Comfort-focused Treatments.** Goal: Maximize comfort through symptom management; allow natural death. Use oxygen, manual treatment of airway obstruction as needed for comfort. Avoid treatments listed in full or select treatments unless consistent with goal. Transfer to hospital if comfort cannot be achieved in current setting.

**C. Additional Orders or Instructions.** These orders are in addition to those above (e.g., blood products, dialysis). EMS protocols may limit emergency responder ability to act on orders in this section.

**D. Medically Assisted Nutrition (Offer food by mouth if desired by patient, safe, and tolerated)**  
Medically Assisted Nutrition desired  Yes  No  
Medically Assisted Nutrition made (provide state of mind)  Yes  No  
Capacity and my decision are valid  Yes  No  
Wishes as the patient's  Yes  No  
Wishes are unknown  Yes  No

**E. Signature: Health Care Provider (e-signed documents are valid)** Verbal orders are acceptable with follow up signature.  
I have discussed this order with the patient or the patient's MPOA representative/surrogate. The orders reflect the patient's known wishes, to the best of my knowledge. (Note: Only providers with MD, DO, APRN, or PA license may sign this order)

MD/DO/APRN/PA signature (required) \_\_\_\_\_ Date (mm/dd/yyyy) Required \_\_\_\_\_  
Phone # \_\_\_\_\_ License/CN \_\_\_\_\_

VERIFICATION OF DO NOT RESUSCITATE ORDER

Dear MD/DO/APRN/PA,

Please complete this card with the permission of the patient. For the entire card to be WV e-Directive Registry file/attach at the performance, give the bottom of the card to the patient, and keep the top in your records.

REGISTRY FAX: 844-616-1415

Last Name/First/Middle Initial (mm/yyyy) \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Date of Birth (mm/dd/yyyy) \_\_\_\_\_

Last 4 SSN \_\_\_\_\_ Gender  M  F

DO NOT RESUSCITATE ORDER

As treating provider of \_\_\_\_\_ (patient name) and a licensed MD/DO/APRN/PA, I order that the person SHALL NOT BE RESUSCITATED in the event of cardiac or respiratory arrest. This order has been discussed with \_\_\_\_\_ (patient name) or his/her representative or his/her surrogate decision maker who has given consent as evidenced by his/her signature below.

MD/DO/APRN/PA Full Name (print) \_\_\_\_\_  
MD/DO/APRN/PA Signature \_\_\_\_\_  
Address \_\_\_\_\_  
Person/Surrogate Signature \_\_\_\_\_  
Address \_\_\_\_\_  
Date of Birth (mm/dd/yyyy) \_\_\_\_\_

Last 4 SSN \_\_\_\_\_ Gender  M  F

## Course Description

In the past few years, our understanding of and approach to healthcare ethics consultation and advance care planning have changed. This year's annual symposium of the West Virginia Network of Ethics Committees' will feature two national experts who will present updates on how we can apply current best practices to both.

Ever since a 2007 national survey found that most ethics consultants had not had formal training, the need for professionalization of healthcare ethics consultation has been recognized. In response, the American Society for Bioethics and Humanities (ASBH) Clinical Ethics Consultation Affairs Committee has developed a healthcare ethics consultation certification program. **Ellen M. Robinson, RN, PhD**, nurse ethicist at Massachusetts General Hospital, co-chair of their ethics committee, and 2019-2020 Chair of the ASBH Clinical Ethics Consultation Affairs Committee, will speak on "**The Future of Ethics Consultation.**" She will address the current challenges in healthcare ethics consultation, how ethics consultants can improve their knowledge and skills, and how institutional policies may help resolve frequently occurring conflicts that result in ethics consultation.

In 1990 with the passage of the Patient Self-Determination Act, it was thought that completion of advance directives was the goal for advance care planning. It is now understood as a process that involves **conversation** as well as **documentation**. It elicits patients' value, preferences, and goals and documents them so that patients (and their medical power of attorney representatives) are prepared for "in-the-moment" decision-making and receive medical care that is aligned with their preferences during serious illness. **Susan E. Hickman, PhD**, current Chair of the National POLST Research and Quality Assurance Committee, has spent nearly two decades studying advance care planning in older adults. She is nationally recognized for her work to help ensure that patients' end-of-life treatment preferences are known and honored as well as for her work translating research into policy. She will speak on the "**The Evolution of Advance Care Planning.**" She discuss how COVID-19 changed advance care planning, the evidence base supporting advance care planning, and ways to implement our new understanding of it in practice.

The kickoff for this virtual symposium will be the ever popular WVNEC case presentation and interdisciplinary panel discussion in which the audience is actively engaged and gets to match their skills with the panelists. Come learn about potentially inappropriate treatment, ethics consultation, and resolving conflict in the inpatient hospital setting!

## Objectives

At the conclusion of this activity, participants will be able to:

1. Analyze a challenging ethics consultation case and reach consensus on the best approaches to it;
2. Review the progress in professionalization of healthcare ethics consultation, describe best practices for honing one's ethics consultation knowledge and skills, and identify policies to resolve conflict in seriously ill patient care; and
3. Describe the new research evidence on advance care planning and current best practices.

**Target Audience** - This conference is intended for people who serve on ethics committees, physicians, nurses, social workers, clergy, attorneys, community members of ethics committees and others who wish to increase their knowledge of ethical and legal issues in healthcare ethics consultation.

**Disclosure:** It has been determined that the content of this activity is not related to any products or services of any commercial interests, therefore, no evidence was gathered related to faculty / authors / planners' relationships with commercial interests.

# Schedule

8:00 am	Welcome and Introduction
8:15 am	<b>Case Presentation &amp; Interdisciplinary Panel Discussion - “Mrs. T, Her Daughter, and Potentially Inappropriate Treatment”</b> Moderator: Alvin Moss, MD Panelists: Sarah Hadique, MD, Suzanne Messenger, JD, Daniel Miller, PhD, Ellen Robinson, RN, PhD
9:30 am	<b>The Future of Ethics Consultation</b> Ellen M. Robinson, RN, PhD
10:15 am	<b>Q &amp; A on Future of Ethics Consultation</b>
10:30 am	<b>Break</b>
10:45 am	<b>The Evolution of Advance Care Planning</b> Susan E. Hickman, PhD
11:30 am	<b>Q &amp; A on Advance Care planning</b>
11:45 am	WVNEC Annual Business Meeting
Noon	Adjourn

## Course Credits

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the WVU School of Medicine and WV Network of Ethics Committees.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 3.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 3.9 contact hours. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule §19CSR11-4 under provider number 50-26086.

This course is sponsored by the Center for Health Ethics and Law, Provider Number 490095, which is a Certified Provider of continuing education credits for social workers. This program has been awarded up to 3.25 hours of continuing education credit.

This program qualifies for a total of 3.90 hours under the West Virginia Rules for Mandatory Continuing Legal Education.

# Course Faculty and Panelists



**Sarah Hadique, MD** is an Associate Professor of Medicine and Fellowship Program Director in the Department of Medicine at West Virginia University School of Medicine. She is a Critical Care Medicine Specialist who has conducted research on prognostic outcomes for patients in the Intensive Care Unit. She is board certified in Internal Medicine, Pulmonary Medicine, and Critical Care Medicine. She is Chair of Critical Care and Trauma Institute - Practice and Policy Steering Committee of WVU Medicine.



**Susan E. Hickman, PhD** is a geropsychologist, Professor in the Indiana University School of Nursing and Indiana University School of Medicine, Cornelius and Yvonne Pettinga Chair in Aging Research, and Director of the Indiana University Center for Aging Research at Regenstrief Institute, Inc. She has been educating and conducting research on advance care planning and end-of-life decision making with a focus on the nursing facility since 1998. She is the current Chair of the National POLST Research and Quality Assurance Committee.



**Suzanne Messenger, JD** is a West Virginia's State Long-term Care Ombudsman. She advocates for long-term care residents in a variety of matters related to residential long-term care including resident rights, quality of care, payment, guardianship and conservatorship, powers of attorney, health care surrogate matters, end-of-life issues, and elder abuse and exploitation.



**Daniel Miller, PhD** is a Visiting Assistant Professor in the Department of Philosophy, Eberly College of Arts & Sciences at West Virginia University. His interests include ethics, moral psychology, and philosophy of action. He teaches courses in Problems of Philosophy, Current Moral Problems, Ethical Theory, Philosophy of Religion and Moral Responsibility. He is also a co-course director for the Health Care Ethics Courses for the first and second year medical students in the School of Medicine at West Virginia University.



**Alvin H. Moss, MD, FACP, FAAHPM** is a Professor of Medicine, West Virginia University School of Medicine, Section of Geriatrics, Palliative Medicine, and Hospice. He has performed ethics consults for more than 30 years and taught about ethics consultation at the state and national level for more than 25 years. His research includes innovations to improve advance care planning and end-of-life care. He is the Director for the WVU Center for Health Ethics and Law and Executive Director of the West Virginia Network of Ethics Committees.



**Ellen M. Robinson, RN, PhD**, Chair, ASBH Clinical Ethics Consultation Affairs Committee and Co-Chair, Massachusetts General Hospital Optimum Care Committee. In her role as nurse ethicist, Ellen provides ethics consultation to health professionals, patients and families at Massachusetts General Hospital. In addition, she serves on the MGH Hospital for Children Pediatric Ethics Committee and the Harvard Medical School Division of Medical Ethics Leadership Council. Ellen co-leads a research program with Andrew Courtwright MD PhD, which focuses on the experience and outcomes of ethics consultation at Massachusetts General Hospital.

# Registration

## **Registration Fee**

WVNEC Members \$40.00

All Others \$50.00

WVNEC uses an online registration process which allows you to register for any of our upcoming programs online quickly. It provides you with the convenience of paying from the privacy of your home or office on a secure website. One of the benefits of the online registration is it generates a confirmation and receipt for your registration immediately upon payment.

Payment is required in advance. *Cancellation policy:* Written cancellations must be received prior to April 1, 2021 and will be considered on a case-by-case basis and/or prorated. No refunds will be granted after the April 1 deadline. Substitutions are welcome. Please notify us of the change. Course fee includes all conference materials and continuing education credits for those listed in the brochure.

## **TO REGISTER: Go to <http://www.wvnec.org/courses>**

On the main course website “Click Here for More Information” for the program you want to register for. Fill out the online registration form then submit the form to be taken to the eCommerce site for payment completion. Make sure to indicate your membership status. The submit button will take you to the payment page. You will receive a confirmation of registration immediately upon submitting.

**NOTE:** Registration email may arrive in your SPAM folder. Please check your SPAM/Clutter folder before contacting us.

**Questions:** Contact Linda McMillen at [lmcmillen@hsc.wvu.edu](mailto:lmcmillen@hsc.wvu.edu) or 304-293-7618.

**Registration Deadline is Friday, April 30, 2021 or once registration is full.**