



West Virginia University, School of Dentistry’s Certified Tobacco Treatment Training Program

Certified Tobacco Treatment Specialists (CTTS) are trained to target an individual’s nicotine addiction level and provide effective, evidence-based interventions using pharmacotherapy and counseling.

Release Date: May 1, 2024 – July 31, 2024. The tobacco treatment specialist content is delivered as a self-paced, online learning course through WVU’s SOLE system.

Target Audience:

This course is recommended for addiction treatment professionals, licensed professional counselors, dentists, dental hygienists, educators, nurse practitioners, nurses, pharmacists, physicians, physician assistants, respiratory therapists, social workers and others who encounter tobacco using patients/clients/students. Must have a minimum of an Associate degree to participate. To receive a tobacco treatment specialist certificate, one must complete the entire online training, attain a minimum score of 80% on the tobacco treatment specialist certification examination (100 questions) and attest to a tobacco-free lifestyle

Learning Objectives: Following the course, participants should be able to:

<ul style="list-style-type: none"> • Tobacco Dependence Knowledge and Education: State clear and accurate information about tobacco use, strategies for quitting, the scope of the health impact on the population, the causes and consequences of tobacco use. • Counseling Skills: Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship, and to facilitate client involvement in treatment and commitment to change. • Assessment Interview: Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning. • Treatment Planning: Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategies. • Pharmacotherapy: State clear and accurate information about available pharmacotherapy options and their therapeutic use. 	<ul style="list-style-type: none"> • Relapse Prevention: Offer methods to reduce relapse and discuss ongoing support for persons with tobacco dependence. • Diversity and Specific Health Issues: Demonstrate competence in working with population subgroups and those who have specific health issues. • Documentation and Evaluation: Describe and use methods for tracking individual progress, record keeping, program documentation, outcome measurement and reporting. • Professional Resources: Utilize resources available for client support, professional education or consultation. • Law and Ethics: Consistently use a code of ethics and adhere to government regulations specific to the health care or worksite setting. • Professional Development: Assume responsibility for continued professional development and contribute to the development of others.
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Course Credit:

Addiction Treatment Professionals and Licensed Professional Counselors: 24.5 contact hours

Dentist/ Dental Hygienist: 24 ADA CERP credits

Nurses: 28.8 contact hours

Nurse Pharmacology: 6 contact hours

Pharmacist: Pending approval

Physicians: 24 AMA category 1 CME credits

Respiratory Therapists: 24 contact hours (Provider Number BORCO91)

Social Workers: 24 contact hours

Scholarships:

WVU SoD CTTTP registration fee scholarship funding is available through the West Virginia Department of Health and Human Resources- Bureau of Public Health, Division of Tobacco Prevention for WV practitioners/Educators and a WVU Community Engagement grant for WV pharmacists. If you are an interested Health Care Practitioner, Educator or Pharmacist employed in West Virginia, select the [Scholarship Application for TTS Training Link](#) and complete the form.

Hardware/Software Requirements:

After registering, access to the course content and the tobacco treatment specialist certification examination requires **enrollment in WVU's online learning site, SOLE. Compatible Browsers:** Chrome 121.0, Edge 12+, Chrome 40+, Firefox 33+, Safari 7+

You need to use a Laptop/ Computer that will allow you **administrative rights** to download MacOS SOLE LockDown Browser to take the Tobacco Treatment Specialist Certification Examination. **Some work provided computers may deny the download.** Need Cookies Enabled; JavaScript Enabled; Software: Adobe Flash, Adobe Reader; 1024x768 resolution; PopUp Windows Enabled.

Speakers:

Barrickman, Ashleigh, PharmD, BCACP, CTTS
Clinical Assistant Professor, WVU School of Pharmacy
Director of Skills Development

Brown, Tyler DDS, CTTS
Assistant Professor, WVU School of Dentistry

Curry, Juliana, MSJ
Project Director, West Virginia Perinatal Partnership

Demniak, Marquis, MSN, APRN, FNP-C, NCTTP
WVU Hematology/Oncology Department
WVU Cancer Center's Lung Cancer Screening

Gaydos, M. Suann, MSDH, CPAHA-TT
Professor, West Virginia Departments of Dental Public Health and Professional Practice & Dental Hygiene
Director, WVU School of Dentistry's Certified Tobacco Treatment Training Program

Gross, Megan, MA
Program Director, First Choice Services/ West Virginia Tobacco Quitline

Lefeber, Timothy, MD, FAAP, CTTS
Associate Professor, Program Director Pediatric Residency Program
WVU, School of Medicine

Morgan, Evan, MD, NCTTP
United Hospital Center, WVU Medicine

Olfert, Mark, PhD, RRT, FAHA, FAPS
Associate Professor, WVU School of Medicine
Director, Clinical & Translational Sciences

Piechowski, Kara, PharmD, BCPS, CTTS
WVU School of Medicine

Reed, Donald, DrPH, CTTS, CPH
Executive Director, McDowell County Commission on Aging

Shawley-Brzoska, Samantha, PhD, MPH, BS
Research Assistant Professor, WVU School of Public Health
Department of Social and Behavioral Sciences & Office of Health Services

Siebart, Judith, MS, RD, LD, CDE, CTTS
WVU Family Medicine Clinic

Sowards, Ashlee, RDH, MSDH, NCTTP
Professor WVU School of Dentistry, Department of Dental Hygiene

Swager, Lauren, MD, NCTTP
Associate Professor, WVU School of Medicine, Department of Behavioral Medicine and Psychiatry
Behavioral Health Medical Director of Aetna Better Health of West Virginia

Tack, Frankie, MS, AADC, CCS, NCC, CTTS
Service Associate Professor, West Virginia University,
Department of Counseling and Learning Services
Program Coordinator: Mental Health and Addiction Studies

Whetsel, Tara, PharmD, BCACP, BC-ADM, CTTS
Clinical Associate Professor, WVU School of Pharmacy
Ambulatory Care Clinical Pharmacist

Young, Scott, DDS, CTTS
Assistant Professor, WVU School of Dentistry
Director, Biddington Center for Dental Innovation