



31st Annual Antonio Palladino Memorial Lecture and Resident Research Symposium



Friday, June 21, 2024

Bruce McClymonds Room A

And Via TEAMS

Meeting ID: 283 217 737 769

Password: wxp5mU

Spotlight Speakers

Dr. Hala Sabry

“Understanding Career Stagnation: Identifying the Root Causes of Feeling Stuck”



Dr. Sabry stands as one of the most recognizable current leaders in the medical community, renowned for her unwavering dedication to empowering women and reshaping the landscape of healthcare. Driven by her own experiences navigating the challenges of balancing career and family in an male-dominated profession, Dr. Sabry has been instrumental in amplifying the voices of women physicians and effecting tangible change within the healthcare industry. Her pioneering initiatives, including the establishment of National Women Physicians Day on February 3rd, have garnered widespread recognition and acclaim, earning her accolades from esteemed figures such as Surgeon General Dr. Vivek Murthy.

In this discussion, we delve into the complexities of career stagnation, offering insights into the underlying causes of feeling stuck and unfulfilled. Through practical examples and actionable strategies, attendees will gain a deeper understanding of burnout, mid-career crisis, and midlife awareness, empowering attendees to navigate career challenges with certainty and purpose.

Dr. Sarah Taylor

“Clinical Trials in Gyn Oncology: Design to Implementation”



Dr. Taylor graduated with a Bachelor of Arts in Biology from Bryn Mawr College in 2002. She then went on to complete a Postbaccalaureate (Postbac) Intramural Research Training Award (IRTA) program through the National Cancer Institute (NCI) before receiving her Doctor of Medicine from West Virginia University School of Medicine in 2008. She completed a residency in Obstetrics and Gynecology in 2012 and fellowship in Gynecologic Oncology in 2015, both at Magee-Womens Hospital of the University of Pittsburgh Medical Center. Dr. Taylor is Board-certified in both Obstetrics and Gynecology and Gynecologic Oncology. After completion of her medical training, she both joined the

Division of Gynecologic Oncology in the Department of Obstetrics and Gynecology at the University of Pittsburgh School of Medicine and simultaneously enrolled in the PhD program in clinical translational science at the University of Pittsburgh Institute for Clinical Research Education. She successfully defended her dissertation in biomarker development and utilization in the care of individuals with epithelial ovarian cancer and obtained her PhD in 2022.

2024 Palladino Lecture and Resident Research Day Schedule

7:30 Check in/Registration

Continental Breakfast

7:45 Welcome

Dr. Ward MD, Associate Professor and Medical Director of Gyn Onc Division

8:00 Resident Presentations



Haley Scarbrough, MD, PGY2

“Evaluation of Postoperative Pain Control Practices for Patients Who Deliver via Cesarean Section and Are On Confirmed, Prescribed Maintenance Therapy for Opioid Use Disorders at WVU Medicine”



Rebecca Wald, MD, PGY3

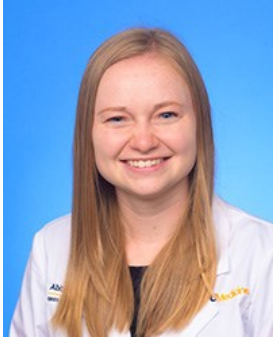
“Decision to Stay and Practice in WV After Dobbs: A Resident Survey”

8:40 Spotlight Speaker

Dr. Hala Sabry

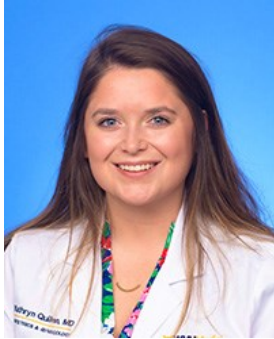
“Understanding Career Stagnation:
Identifying the Root Causes of Feeling Stuck”

10:00 Resident Presentations



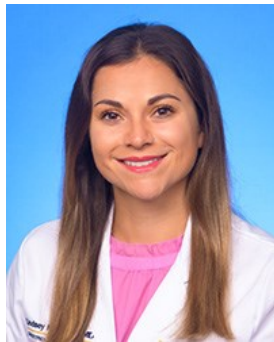
Abby Rosiello, MD, PGY1

“Success of Induction Methods for Severe Maternal Obesity. ”



Kathryn Quillen, MD, PGY1

“Obesity in Gynecology: Caring for the Complex Surgical Patient”



Lindsey Robinson, MD, PGY1

“The Role of Liposomal Bupivacaine in Controlling Post-Laparoscopic Hysterectomy Pain vs Transversus Abdominis Plane Block”



Ariel Cohen, MD, PGY2

“Racial Disparities in Malignant Cervical Cancer 2000-2020”



Mary Noonan, MD, PGY2

“Post-Operative Cesarean Pain Control Protocol for Patients Receiving Medication Assisted Treatment (MAT) ”

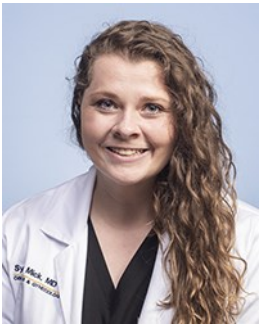
11:40 - 12:40 Lunch

12:40 Resident Presentations



Kassandra Elizabeth Riggs Whitfield, MD, PGY3

“Changing Demographics Cervical Cancer in the United States: An Update (2000-2020)”



Sydnie Mick MD, PGY3

“Cook Balloons: Is Removal After 12 Hours Associated with Increased Need for Cesarean Section?”



Samantha Nibert, MD, PGY4

“Understanding Provider-Reported Barriers to Infertility-Related Care in West Virginia”

1:40 Break

2:00 Spotlight Speaker

Dr. Sarah Taylor

“Clinical Trials in Gynecologic Oncology: Design to Implementation”

3:00 Closing Remarks and Adjourn - Thank You!

Dr. Ward MD, Associate Professor and Medical Director of Gyn Onc Division

CME Credit

The West Virginia University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for Physicians.

The WVU Office of CME designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit that commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the WVU School of Nursing for 6.40 contact hours. The WVU School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule #19CSR11-4 under provider number 50-26086.

Target Audience

Our Academic and Clinical Faculty, Residents, Midwives, Nurse Practitioners and Medical Students who are doing their Clerkship in our Department. In addition, outside Family Medicine and Ob/Gyn Physicians are invited to attend.

Scan the QR Code below to complete the survey and claim CME credit!



Disclosure: All those in position to control content have indicated that they have no relevant interests to disclose.

*For more information contact
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At the conclusion of our Guest and Faculty Speakers sections, participant's should be able to:

- Recognize the nuances of career stagnation and personal growth within the medical profession.
- Identify practical tools and insights to proactively navigate and overcome challenges when feeling stuck, overwhelmed or bored in your career.
- Develop a personalized roadmap for recognizing and addressing burnout, mid-career crisis, and midlife awareness.
- Promote a culture of self-awareness, self-care, and continuous personal and professional development.
- Identify practical insights and actionable steps for immediate implementation in their personal and professional lives.
- Differentiate between the primary objectives of phase 0,1,2 and 3 clinical trials.
- Identify commonly used measures for safety and efficacy.
- Discuss new therapies approved in the treatment of gynecologic oncology.
- Identify barriers to infertility care and fertility preservation to decrease restraints, increase access, provide better patient care, and provide future educational initiatives.
- Describe changes in the population of cervical cancer patients.
- Discuss if the recent changes in abortion laws in West Virginia will impact if WVU residents or fellows stay in West Virginia after training to practice as attending physicians.
- Compare the rates of vaginal delivery versus cesarean delivery after the use of Cook balloons during induction of labor based on whether or not the balloon was deflated after 12 hours.
- Describe postoperative pain control practices for patients who deliver via cesarean section and are on confirmed, prescribed maintenance therapy for opioid use disorders at WVU Medicine.
- Describe racial discrepancies in malignant cervical cancer – specifically in the two most common types of malignant cervical cancer, adenocarcinoma (ACA) and squamous cell carcinoma (SCC).
- Develop effective post operative pain control regimen for patients that deliver via c-section while on MAT.
- Evaluate methods of induction in ability to achieve vaginal delivery in severely obese obstetrical patients.
- Identify preoperative, perioperative, and postoperative differences in gynecologic patients with obesity.
- Discuss if there is a difference in post-operative perceived pain score and analgesic consumption between patients who underwent total laparoscopic hysterectomy and received ultrasound-guided bilateral transversus abdominis plane block vs local anesthesia with liposomal bupivacaine (LB) combined with bupivacaine.

About Antonio Palladino, M.D



A native of Italy, Dr. Antonio Palladino received his Medical Degree with Highest Honors from the University of Naples, Italy and served his Residency in Obstetrics and Gynecology at Baltimore City Hospital; University of Maryland Division.

As a faculty member in the Department of Obstetrics and Gynecology at West Virginia University from 1964-1974, Dr. Palladino served as Vice-Chairman and Director of the Student Teaching Program. He later served as a Clinical Professor and was on the staff at Monongalia General Hospital. From 1974 until his death in June 1991, Dr. Palladino practiced with Dr. Walter A. Bonney and Dr. Kamal M. Behnam in Morgantown. He was certified by the American Board of Obstetrics and Gynecology and the Italian Board of Obstetrics and Gynecology.

A special 'thank you' to the Palladino family for making this a successful Annual Event. Through your endowed funding, we have been able to share with many from WVU School of Medicine and throughout the community. This will be our 31st Annual Lecture Series; we are very proud to be able to continue this.

THANK YOU TO OUR PAST SPEAKERS

2016, Loretta P. Finnegan, MD, LLD

2017, Haywood Brown, MD

2018, Daniel Clarke-Pearson, MD

2019, Philip Samuels, MD

2021, Halina Zyczynski, MD

2022, Jame Abraham, MD

2023, Rick Burney, MD