

## Self-Reported Clinical Symptoms: Insomnia (Wake Up Frequently / Fitful Sleep)

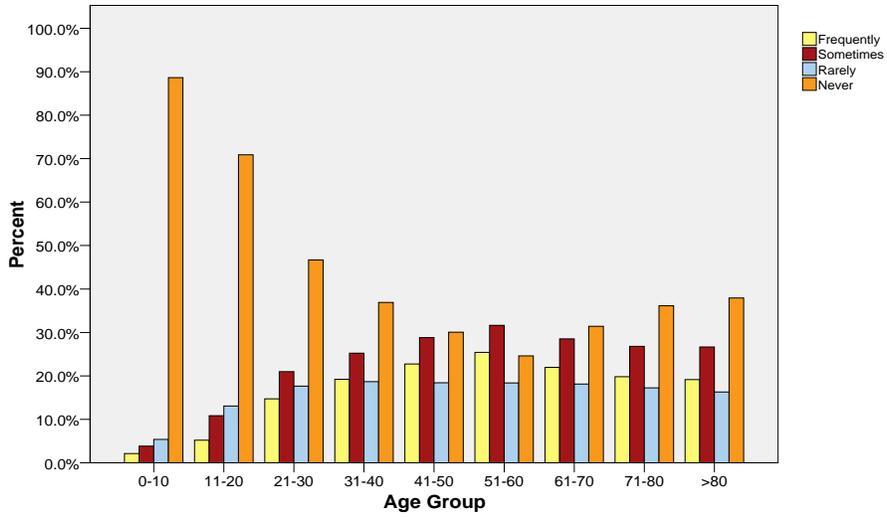
All Age and Gender Groups

**NOTE:** Symptoms were self reported by participants and were not independently verified with medical records or by a health care professional. Limited information about the characteristics of the self-reported symptoms, such as severity, duration, or history, was collected. Inferences about population health or associations based on these self-reported symptoms should be made cautiously.

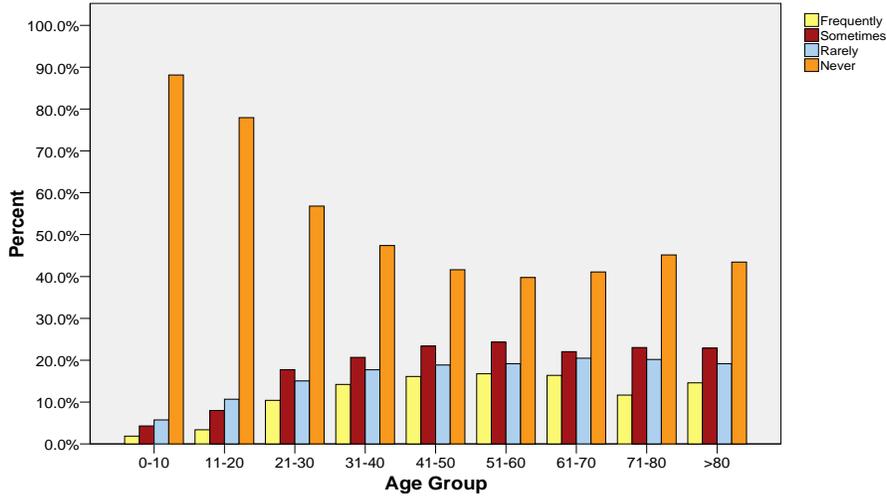
### SELF-REPORTED CLINICAL SYMPTOMS BY GENDER AND AGE GROUP: FITFUL SLEEP

Gender			Fitful Sleep				Total	
			Frequently	Sometimes	Rarely	Never		
Female	Age Group	0-10	Count	57	103	145	2385	2690
			Percent (%)	2.1%	3.8%	5.4%	88.7%	100.0%
		11-20	Count	247	517	624	3382	4770
			Percent (%)	5.2%	10.8%	13.1%	70.9%	100.0%
		21-30	Count	795	1134	954	2525	5408
			Percent (%)	14.7%	21.0%	17.6%	46.7%	100.0%
		31-40	Count	1112	1461	1081	2137	5791
			Percent (%)	19.2%	25.2%	18.7%	36.9%	100.0%
		41-50	Count	1457	1848	1181	1927	6413
			Percent (%)	22.7%	28.8%	18.4%	30.0%	100.0%
		51-60	Count	1335	1663	966	1293	5257
			Percent (%)	25.4%	31.6%	18.4%	24.6%	100.0%
		61-70	Count	731	949	603	1046	3329
			Percent (%)	22.0%	28.5%	18.1%	31.4%	100.0%
		71-80	Count	311	421	271	568	1571
			Percent (%)	19.8%	26.8%	17.3%	36.2%	100.0%
		>80	Count	107	149	91	212	559
			Percent (%)	19.1%	26.7%	16.3%	37.9%	100.0%
		Total	Count	6152	8245	5916	15475	35788
			Percent (%)	17.2%	23.0%	16.5%	43.2%	100.0%
Male	Age Group	0-10	Count	50	116	155	2382	2703
			Percent (%)	1.8%	4.3%	5.7%	88.1%	100.0%
		11-20	Count	168	396	530	3867	4961
			Percent (%)	3.4%	8.0%	10.7%	77.9%	100.0%
		21-30	Count	478	816	692	2613	4599
			Percent (%)	10.4%	17.7%	15.0%	56.8%	100.0%
		31-40	Count	694	1009	865	2312	4880
			Percent (%)	14.2%	20.7%	17.7%	47.4%	100.0%
		41-50	Count	915	1327	1070	2362	5674
			Percent (%)	16.1%	23.4%	18.9%	41.6%	100.0%
		51-60	Count	851	1233	972	2017	5073
			Percent (%)	16.8%	24.3%	19.2%	39.8%	100.0%
		61-70	Count	557	751	698	1399	3405
			Percent (%)	16.4%	22.1%	20.5%	41.1%	100.0%
		71-80	Count	186	368	322	721	1597
			Percent (%)	11.6%	23.0%	20.2%	45.1%	100.0%
		>80	Count	51	80	67	152	350
			Percent (%)	14.6%	22.9%	19.1%	43.4%	100.0%
		Total	Count	3950	6096	5371	17825	33242
			Percent (%)	11.9%	18.3%	16.2%	53.6%	100.0%

### FITFUL SLEEP IN FEMALES BY AGE GROUP



### FITFUL SLEEP IN MALES BY AGE GROUP



### FITFUL SLEEP BY GENDER AND AGE GROUP

