

4th Annual Eating Disorder Network Conference

Friday, March 17, 2017

Auditorium, Robert C Byrd Health Sciences Center –
West Virginia University- Charleston Division
3110 MacCorkle Avenue SE
Charleston, WV

Program Overview

The West Virginia Eating Disorder Network was developed in the summer of 2013 to provide a forum for providers of all disciplines to better understand and treat the complex challenges faced by clients with eating disorders. This conference is designed to review state-of-the-art clinical concepts and treatment considerations for individuals with disordered eating. It will also provide ample time for networking with other providers and treatment centers. Health providers including Psychiatrists, Psychologists, Licensed Professional Counselors, Social Workers, Nurses, Registered Dietitians, Addiction Counselors, General Practitioners and other interested professionals and students are invited to attend. There are no pre requisites.

Jointly provided by:

CAMC Health Education and Research Institute and The West Virginia Eating Disorder Network

Disclosure: It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. grants, research support, consultant, spouse/partner honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee members have disclosed that no relationships exist.

Objectives: At the conclusion of this program participants should be able to:

- Identify early signs and symptoms, core symptoms, major impairments and clinical concerns related to anorexia nervosa, bulimia nervosa, binge eating disorder, and other eating disorders.
- Distinguish normally occurring weight, shape and food preoccupations, and varieties of obesity from serious eating disorders.
- Define the major eating disorders including anorexia nervosa, bulimia nervosa, and binge eating disorder.
- Describe contributions of biological, developmental, psychological, interpersonal, social and cultural factors to the development and maintenance of eating disorders.
- Identify relationships of eating disorders to other major psychiatric disorders

- Discuss key clinical points concerning the assessment of eating disorders in patients and families
- Review key clinical points concerning the education and counseling of patients and their families regarding the conditions, their treatment and prognosis.
- Identify indications for hospitalization, nutritional rehabilitation, individual and family psychotherapies, medication, and other treatment strategies.
- Utilize specific psychotherapeutic strategies for eating disorders including cognitive behavior, interpersonal and family therapies.
- Utilize support groups, self-help groups and other self-help interventions.
- Review changing patterns and contributing biological and cultural factors concerning obesity
- Discuss treatment approaches for obesity including dietary-lifestyle options, medications and surgery

Accreditation:

Physicians-The CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CAMC Health Education and Research Institute designates this live activity for a maximum of 6 AMA PRA *Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologist- The West Virginia Board of Examiners of Psychologists has approved this program for 6 contact hours.

Nurses- The CAMC Health Education and Research Institute is an approved provider of continuing nursing education by West Virginia Nurses Association (AO-212), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 6 contact hours. (P015-17-17989) Expiration date is 2 years from the course date.

LPC- An application has been submitted to The West Virginia Board of Examiners in Counseling. Approval is pending

Dietitians-This program has been approved for 6 CPE hours by the Commission on Dietetic Registration, the credentialing agency for the American Dietetic Association.

Social Work- CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 6 hours of social work credit. Approval number #490045.

Addiction/Prevention- An application has been submitted to the WV Certification Board for Addiction and Prevention Professionals. Approval is pending

Agenda

8:00 a.m. Registration/Continental Breakfast

8:30 a.m. **Introductions & Program Overview**

Jessica Luzier, PhD, ABPP

Clinical Director, WVU Disordered Eating Center of Charleston

Welcome and Opening Remarks

Senator Shelley Moore Capito

9:00 a.m. **Morning Workshop**

An Overview of Clinical Eating Disorders

Joel Yager, M.D.

Professor, Department of Psychiatry

University of Colorado at Denver

10:30 a.m. Break

10:45 a.m. *Morning workshop continued*

12:15 p.m. Lunch - provided

1:15 p.m. **Afternoon Workshop #1**

Intoxicating Cycles of Shame: The Missing Link in the Treatment of Co-Occurring Eating and Substance Abuse Disorders

Margaret Nagib, Psy.D

Clinical Psychologist

Clinical Development Institute Faculty

Timberline Knolls Lemont, IL

2:45 p.m. Refreshment Break

3:00 p.m. **Afternoon Workshop #2**

Cognitive Therapy Techniques in Treating Anorexia Nervosa and Bulimia Nervosa

Teena Bryson, LPC, NCC, LSW and Invited Guest

Psychotherapist, River Park Hospital and Private Practice

Huntington, WV

4:30 p.m. Evaluation/Adjourn

Program Faculty and Planning Committee

Jessica Luzier, PhD, ABPP

Clinical Director,
WVU Disordered Eating Center of Charleston
Charleston, WV

Joel Yager, M.D.

Professor, Department of Psychiatry
University of Colorado at Denver
Professor Emeritus, Department of Psychiatry and BioBehavioral Sciences
David Geffen School of Medicine, UCLA , Los Angeles
Professor Emeritus, Department of Psychiatry and Behavioral Sciences
University of New Mexico

Margaret Nagib, Psy.D

Clinical Psychologist
Clinical Development Institute Faculty
Timberline Knolls
Lemont IL

Teena Bryson, LPC, NCC, LSW

Psychotherapist, River Park Hospital and Private Practice
Huntington, WV

Location:

Auditorium of the Robert C. Byrd Health Sciences Center of West Virginia University/Charleston Division, 3110 MacCorkle Avenue SE, Charleston, WV. (Adjacent to CAMC Memorial Hospital). The facility is located on WV Route 61, east of downtown Charleston and is easily accessible from the 35th Street exit of I-64 east and I-77 south, and the MacCorkle Avenue exit of I-64 west and I-77 north.

Refund Policy:

You may cancel your registration up to 10 business days before the program and we will refund your full registration. If you need to cancel less than 10 business days prior to the program you may 1) send a substitute from your organization or 2) transfer your registration fee to another program of your choice that is scheduled within 12 months of your original event. Please note if you don't cancel and don't attend you are still responsible for payment.

Parking:

Parking is available in the CAMC visitor parking areas. Parking fees are the responsibility of the conference participants.

Comfort Zone:

Every effort is made to have a comfortable temperature in the meeting room. However, we realize everyone's comfort zone is different, so please bring a sweater or light jacket.

Accommodations:

Participants are responsible for their own lodging reservations. Convenient lodging may be found at the following locations:

Nearby CAMC Medical Center Inn
3101 MacCorkle Avenue SE
(304) 344-2461

Downtown: Charleston Town Center Marriott
200 Lee Street
(304) 345-6500

Embassy Suites
300 Court Street
(304) 347-8700

Hampton Inn
1 Virginia Street, West
(304) 343-9300

REGISTRATION FORM

4th Annual WV Eating Disorder Network Conference - Friday, March 17,2017

Please register no later than Monday, March 7

*****On site registration is available; however, we do encourage pre-registration to be assured a spot and meals for the day.***

Name: _____
Degree/Specialty: _____
Address: _____
City/State/Zip: _____
Phone: _____
E-Mail Address: _____
Hospital/Institution: _____

Conference Fees:

All Participants \$75.00
CAMC/WVU-Charleston employees \$50.00
Community/Family \$30.00
Students (must include college ID) \$20.00
CAMC Residents No charge

Please note that payment must accompany registration

Conference fee includes credit processing fee, conference materials, continental breakfast and lunch.

You may register online at www.camcinstitute.org

Method of Payment

____ MasterCard ____ Visa ____ Check Enclosed

Account #: _____

Exp. Date: _____ Amount: _____

Signature: _____

Make check payable to CAMC Institute and return to:

CAMC Health Education & Research Institute

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Email: institute@camc.org Phone: (304) 388-9960 Fax: (304) 388-9966